

**ANTHONY TODD NICHOLS, PhD, LP**  
**Licensed Psychologist in Minnesota, LP5852**  
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*Education*

**Ph.D. in Clinical Psychology (2013)**

Walden University, Minneapolis

Dissertation: Psychosocial Differences in Postinstitutionalized, Internationally Adopted Children and Other Groups of Children Referred for Clinical Services

**Master of Public Affairs, Lyndon B. Johnson School of Public Affairs (1992)**

**Master of Arts, Institute of Latin American Studies (1992)**

University of Texas at Austin

**Bachelor of Arts (1986)**

Trinity University-San Antonio, Texas

*Clinical Experience*

**Family Attachment and Counseling Center of Minnesota**

Executive Director (1997-present)

Provide counseling, assessment, and expert witness services to clients. Lead team of therapists, develop clinic philosophy of care, negotiate with third-party payers, expand business relationships, supervise administrative operations, hire employees, etc. Produce training DVD and write books and other material to explain methodology.

**Neighborhood Involvement Program**

Practicum Student/Intern Student/Volunteer Therapist (2010-2014)

Provide counseling and assessment services to diverse clientele consisting of adults and adolescents. Supervise Master's-level students and co-facilitate a supervision group. Receive weekly group and individual supervision.

**Rum River Counseling Center**

Intern Student (2012-2013)

Provide psychological testing and assessment services to adults, adolescents, and children.

*Other Experience*

**St. Cloud State University, Community Psychology**

Adjunct Professor (2014-present)

Teach Assessment and Lifespan Development courses to Master's level students. Design curriculum, create syllabi, prepare and deliver lesson plans, grade performance, etc.

**Deskin Communications Group**

Consultant (2001-2003)

Analyze and interpret data for client-driven projects in healthcare industry and non-profit sector.

## **Allina Health System**

Quality Analyst (1997-1999)

Analyze provider data in support of health care plan objectives, implement episode of care analytic methodology, compare and disseminate performance data on ambulatory care clinics.

## **Research and Planning Consultants**

Consultant (1992-1997)

Analyze data in client-driven projects. Specialize in litigation, medical, and real estate industries.

## **Peace Corps Volunteer**

Small Business Development Specialist (1987-1989)

Work in savings and loan cooperative in Paraguay, South America.

### *Honors and Awards*

- Pro Humanitate Award, Center for Child Welfare Policy (2007)
- New Horizons Award, Association for Treatment and Training in the Attachment of Children (2007)

### *Publications*

- Nichols, T. & Martin, M. (in press). Psychosocial Differences in Postinstitutionalized, Internationally Adopted Children and Other Groups of Children Referred for Clinical Services. *Adoption Quarterly*.
- Lacher, D., Nichols, T., Nichols, M., & May, J. (2012). *Connecting with kids through stories: Using narratives to facilitate attachment in adopted children-2<sup>nd</sup> edition*. London: Jessica Kingsley.
- Nichols, M. & Nichols, T. (2007). *First steps for strengthening adoptive families: Tools and techniques for meeting the needs of your adopted child study guide*. Deephaven: Family Attachment Center.
- Chaffin, M., Hanson, R., Saunders, B.E., Nichols, T., Barnett, D., Zeanah, C., et al. (2006). Report of the APSAC task force on attachment therapy, reactive attachment disorder, and attachment problems. *Child Maltreatment*, 11, 76-89. doi: 10.1177/1077559505283699

### *Presentations*

- Family Attachment Narrative Therapy. October 2008, at the launch of AdoptionsPlus! adoption program, Woburn, England.
- Changing Paradigm in Attachment Research, Therapy and in ATTACH. April 2008, at a regional meeting sponsored by ATTACH, San Antonio, Texas
- RAD, Attachment Disorders, Complex Trauma, etc.: What difference does the name make and who cares anyway? October 2007, at the annual ATTACH Conference, Providence, Rhode Island
- Changing Paradigm in Attachment Research, Therapy and in ATTACH. October 2006, at the annual ATTACH Conference, St. Louis, Missouri
- Kickoff Address to the Foundations to Attachment Conference. April 2004, in Honolulu, Hawaii

- Assessment Tools. April 2004, at the Foundations to Attachment Conference, Honolulu, Hawaii
- Changing Paradigm in Attachment Research, Therapy and in ATTACH. October 2005, at the annual ATTACH Conference, Albuquerque, New Mexico
- Prove It! Using Data to Demonstrate Clinical Effectiveness in Your Office. October 2001, at the annual ATTACH Conference, Greenville, South Carolina

### *Memberships*

- American Psychological Association
- Society for Research in Child Development
- American Professional Society on the Abuse of Children
- Association for Treatment and Training in the Attachment of Children

### *Additional Skills*

- Fluent in Spanish
- Level 1 EMDR trained

### *Service/Community Involvement*

- Assistant Coach, 14U West Metro Thunder girls fast pitch softball team (2015)
- Short-term missionary service at Hogar de Vida Orphanage in Atenas, Costa Rica (2009-2014)
- Head Coach, 14U Minnetonka girls fast pitch softball team (2009)
- Board of Directors of the Association for Treatment and Training in the Attachment of Children, a national nonprofit membership association (1998-2008). Served as Treasurer (1998-2001) and President (2001-2005)
- Task force member, American Professional Society on the Abuse of Children Task Force on Attachment Therapy, Reactive Attachment Disorder, and Attachment Problems (2003-2007)
- Head Coach, St. John the Baptist middle school boys basketball team (2003-2007)
- Head Coach, South Tonka Little League boys baseball team (2002-2005)
- Cub Scout Den Leader, Den 16 Pack 345, Minnesota (2000-2004)
- Finance Committee member, St. John the Baptist Catholic Church (1998-2001)